### ZARACH VOLUNTEER OPORTUNITIES

Bed poverty exists when a family doesn't have the sleeping arrangements they need for their children due to a lack of financial resources. For children in this situation, it has a significant impact on their education. Zarach's mission to ensure that every child in England has a bed of their own gives them a greater chance to learn and succeed at school.

Zarach is a national charity committed to helping vulnerable children and families living in poverty. We work closely with schools and professionals in the community. We see the challenges of poverty every day. We aim to reach out to families within 48 hours of their school referral. We are passionate and driven to make an immediate and real difference to a child's life.

At the point of delivering beds and bundles to children, we are helping to lift them out of bed poverty in that instant. This incredible act removes a mountain of cost for a family and can last for many years. A bed provided to a child as they start school could last them their whole primary school journey. This massively improves their opportunity to engage at school and supports their physical, emotional, and learning development.

Join our mission to end child bed poverty in England, giving children the opportunity to engage at school and a chance to break the cycle of poverty.

Contact us: volunteer@zarach.org zarach.org

Zarach is a registered Charitable Incorporated Organisation (CIO) in England & Wales, number 1179539, whose registered address is 8 Whitehouse Street, Hunslet, Leeds LS10 1AD.

### SERVICE DELIVERY VOLUNTEER

#### About the Role:

Service Delivery Volunteers help Zarach to meet our first promise to families of providing beds and bed bundle items for children. You will be making deliveries with other volunteers or Zarach staff members. If you have a full driver's license, you can also assist by driving our vans. Training is provided to ensure that you are fully-equipped for the role.

### **Skills Required:**

Ability to lift and carry heavy objects is essential to the role.

### **Responsibilities:**

- Loading and unloading of beds and bed bundles on and off delivery vehicles to deliver to Zarach families.
- Lifting and carrying mattresses and bed bases into their new homes, often up stairs.
- Follow manual handling techniques at all times.
- Comply with Health & Safety measures.
- Communicate effectively with the Service Delivery Manager and Volunteer Development Officer.

### If driving:

- Take responsibility for Zarach vehicles when collecting and delivering goods.
- Ensure any issues with Zarach vehicles are reported to the Service Delivery Team or Volunteer Development Officer as soon as possible.
- Communicate effectively and professionally with all parties including Service Delivery Team, Volunteer Development Officer and any beneficiaries.
- Ensure any and all changes to your driving ability or licence are updated immediately with the Volunteer Development Officer.
- Comply with all health & safety guidance at all times.



### FOOD CLUB VOLUNTEER

#### **About the Role:**

Food Club aims to distribute quality food at a reduced cost to local families to help reduce food poverty, reduce food waste and increase disposable incomes for local families to support their well-being and increase life chances.

It runs every Tuesday, 9.30 AM to 2 PM.

- To set up the food room, help pack the fresh food bags ready for collection, help pack hygiene kits and prepare any extra bags.
- To check that signposting and banners are correct and assist with fresh food bag packing.
- To set up the room with tables and chairs, prepare refreshments, ensure appropriate media is playing, i.e. videos/music, lay out children's activities, ensure literature for signposting is clearly displayed.
- To set up uniforms and information stands.
- To communicate effectively with the Food Club Lead and Volunteer Development Officer.
- Comply with all health & safety guidance at all times.



### HAPPY HOLIDAYS VOLUNTEER

### About the Role:

During the school holidays one million pupils who receive free-school meals are at risk of holiday hunger. A further two million pupils that don't receive freeschool meals, but whose parents experience in work poverty, are also at risk of holiday hunger. This doesn't just effect children, but the whole household. With low-income parents saying they often skip meals during the school holidays to ensure they children can eat.

Zarach families are often in dire financial situations through no fault of their own and the school holidays can be a huge challenge. Making ends meet, even keeping food on the table becomes a massive pressure every holiday. Our Healthy Holidays initiative was created to ensure Zarach families can have fun, stay active & get fed.

Our Healthy Holiday Club runs 1 day each week of the school holidays. It is free and for the whole family to attend together. There are fun activities and a hot healthy meal for everyone.

- Assist in the set-up of the club, including putting out furniture and equipment as instructed.
- Assist in the kitchen with preparing and cooking meals.
- Spend time chatting with the families attending the club.
- Assist in the closing down of the club, including moving all items of furniture and equipment are returned to the correct storage facility.
- To communicate effectively with the Food Club Lead and Volunteer Development Officer.
- Comply with all health & safety guidance at all times.



# MARKETPLACE

### About the Role:

Marketplace is an annual event. The key aim of the event is to bring relevant services and broader support into the community, in line with the needs of families across Leeds.

Families that have been beneficiaries of Zarach are invited and all pastoral staff across the city. The agencies are there to support the families in areas of greatest need around: the sleep environment, education, economics or wellbeing.

Volunteers would help with signposting families to the right agency in the room, help with meeting and greeting, refreshments and just there to talk about anything of interest- it is the connection that counts!

- Help with signposting families to the right agency in the room.
- Meet and greet attendees.
- Assist with refreshments.
- Interact with the families and children- it is the connection that counts!
- To communicate effectively with the Marketplace Lead and Volunteer Development Officer.
- Comply with all health & safety guidance at all times.



### FUNDRAISING AND EVENTS VOLUNTEER

#### About the Role:

As a Fundraising and Events Volunteer at Zarach, you will play a key role in supporting our mission to end child bed poverty.

You will assist in attending, planning, organising, and/or executing various fundraising activities and events that help raise vital funds for our charity. Your responsibilities may include reaching out to potential donors, coordinating event logistics, managing event registrations, promoting events on social media, and helping ensure the smooth running of events on the day.

This role is ideal for someone passionate about making a difference, with strong organisational skills and a proactive attitude.

### **Responsibilities:**

- Attend Zarach fundraising events to raise awareness of our cause, encouraging and collecting donations.
- Engage with the public in a friendly, informative and professional manner.
- Work as part of a team to create authentic experiences for potential donors.
- Communicate effectively with the Volunteers Development Officer and the Fundraising Team.

This is a great opportunity for those who are not based near Zarach locations but still want to help our cause, prefer remote opportunities, or looking to organise mass volunteering opportunities for your community or organisation!



# SCHOOL ENGAGEMENT

#### About the Role:

As a School Engagement Volunteer at Zarach, you will be a key advocate for our mission, representing our charity at school events such as assemblies and talks.

This role is perfect for someone with excellent communication skills and a passion for making a difference in the lives of children and families.

#### **Responsibilities:**

- To attend school events such as assemblies and talks on behalf of Zarach to advocate for our mission.
- Raise awareness for Zarach, maintaining and building relationships with schools.
- Communicate our mission with compassion, high energy and professionalism using approved presentations/meeting notes.
- Communicate effectively with the Volunteers Development Officer and Communications team to schedule school events and feedback once completed.

This is a great opportunity for those who are not based near Zarach locations but still want to help our cause, or prefer remote opportunities!



# FAMILY ENGAGEMENT

#### About the Role:

As a Family Engagement Volunteer, you will assess family needs, provide emotional support, connect families to resources, advocate for families, collaborate with partner agencies, monitor and evaluate Zarach families' progress, promote self-advocacy and empowerment, and ensure confidentiality and privacy.

### Skills Required: EXPERIENCED VOLUNTEERS ONLY due to the nature of the role.

- Experience in either a safeguarding role within family engagement/family support, social services experience or in health and social care backgrounds.
- Lived experience of working with vulnerable adults and children, and entering into their homes.

- Be the initial point of contact for the family after referral under the National Family Engagement model to ensure a high-quality and equitable service for all families within your area.
- Visit referred families to complete an initial assessment to aid us in providing the correct beds and gathering initial impact data.
- Refer complex cases to the Family Engagement Officer.
- Record information from the visits and keep the Family Engagement Officer updated.
- To communicate effectively with the Famoly Engagement Team and Volunteer Development Officer.
- Comply with all health & safety guidance at all times.



## **INTERESTED?** GET IN TOUCH!

### EMAIL: VOLUNTEER@ZARACH.ORG

### WEBSITE: ZARACH.ORG

